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I. General Research Interest

- A. Improving sleep health among vulnerable populations
 - 1. Mechanistic underpinnings of sleep health
 - a) Metabolism
 - b) Immune Function
 - 2. Psychosocial Factors impacting sleep health
 - a) Racism
 - b) Discrimination
 - c) Stress
 - d) Depression
 - 3. Identification of a biomarker for sleep
 - a) Improving clinical practice and management of disordered sleeping with the implantation of a biomarker
- B. Improving health outcomes for people living with chronic illness
 - 1. Health promotion
 - a) Improving sleep health
- C. Reducing health disparities among racial, ethnic, sexual, and gender minorities
 - 1. Health promotion among people with multiple minority statuses
 - 2. Development and implementation of culturally sensitive interventions
 - 3. Addressing barriers to accessing health care and other resources

II. Current Research Projects

- A. Metabolic Pathways to Symptoms and Sleep in Black adults with HIV
- B. TransConnect: Barriers to healthcare access among Black transgender women

III. Research Skills

- A. Quantitative research methods
- B. Qualitative research methods
- C. Mix-Methods research methods
- D. Recruitment of vulnerable people living with multiple minority statuses